



# What if people who know what it's like to live in poverty were involved in deciding how to tackle it?

**We believe it could make a real difference to people's lives across our local area and we're setting up the first South Lakes Poverty Truth Commission to find out.**

Following a model used in other parts of the country, the Commission will be made up of two groups of people in a range of different situations across the South Lakes. One group will be people who know what it's like to struggle to make ends meet and the other will be people who are able to make direct changes to local services. Collectively all the commissioners will work to understand the underlying issues around poverty in our area and look for creative ways of addressing them.

We will start by meeting people with experience of poverty to get to know them and hear their stories and then bring them together with others to discuss the changes they'd like to see.

If you could help us by

- Sharing your experience
- Providing food or venues for our meetings or helping us host them
- Offering transport or lifts to meetings

Please get in touch.

Email [southlakesptcecumbriacvs.org.uk](mailto:southlakesptcecumbriacvs.org.uk)

Visit [www.cumbriacvs.org.uk](http://www.cumbriacvs.org.uk)

Or call (Lois) 07458 058536

**SOUTH LAKES POVERTY TRUTH COMMISSION**

# Share your experience. Inspire real change.



# Fed up of feeling fobbed off? Had enough of not being heard?

If you know what it's like to struggle to make ends meet, we'd love you to share your experience and help start a new conversation in the South Lakes.

- Use your voice to inspire real change
- Represent your community
- Tackle stigma and help local services work better
- Meet new people
- Learn new skills



To take part, or find out more, please get in touch.

You can email us on [southlakesptc@cumbriacvs.org.uk](mailto:southlakesptc@cumbriacvs.org.uk),

visit [www.cumbriacvs.org.uk](http://www.cumbriacvs.org.uk)

or call Lois on **07458 058536**.

We look forward to meeting you.

*Stella & Lois*

Food and drink  
provided  
at all meetings.

Childcare and transport  
provided  
or paid for.

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Inspire real change.**

